

THE 10K

WELCOME TO THE STARTING LINE

OCT 29-30 | HILTON VANCOUVER AIRPORT HOTEL
DAY 1 | 5911 Minoru Blvd, Richmond, BC V6X 4C7

LEARNING OBJECTIVES:

- » Analyze baseline data to prioritize areas for improvement.
- » Create a local aim statement to select areas of focus in post-operative infection prevention.
- » Initiate a plan of action for improvement, incorporating evidence-informed practices and change ideas.
- » Articulate the importance of team culture and non-technical skills in caring for surgical patients and how they can influence patient outcomes.
- » Identify the importance of verbal and nonverbal communication in enhancing teamwork.

0800-0830 WARM UP: BREAKFAST AND REGISTRATION

0830-0845 ON YOUR MARK...
Why we're racing to prevent infections

Doug Cochrane
*Pediatric Neurosurgeon, BC Children's Hospital
Chair, BC Patient Safety & Quality Council*

0845-0930 TRIZ: How can we make sure every surgical patient gets an infection?

Kimberly McKinley
Quality Leader, BC Patient Safety & Quality Council

0930-0945 Overcoming roadblocks

Andrew Campbell
Pediatric Cardiac Surgeon, BC Children's Hospital
Shannon Santana
Registered Nurse, Vancouver General Hospital

0945-1000 BREAK

1000-1100 What's your 'Achilles Heel'? How team communication affects our performance

Colleen Kennedy
*Director, Innovation & Engagement
BC Patient Safety & Quality Council*
Trina Montemurro
*Anesthesiologist, St. Paul's Hospital
Clinical Culture Lead, BC Patient Safety & Quality Council*

1100-1130 Your racing gear: Resources to help you improve care

Kimberly McKinley
Andrew Campbell
Geoff Schierbeck
Quality Leader, BC Patient Safety & Quality Council

1130-1200 Preventing urinary tract infections

Kourosh Afshar
Urologist, BC Children's Hospital
Julie Bedford
Registered Nurse, BC Children's Hospital

1200-1245 FUEL UP: LUNCH AND NETWORKING

1245-1345 It's not just about making it to the finish line

Colleen Kennedy
Trina Montemurro

1345-1430 GET SET...
Visualize your finish line...

Trina Montemurro

1430-1515 Communication cross-training for best performance: Lap 1

Trina Montemurro

1515-1530 BREAK

1530-1600 Measuring your progress

Kimberly McKinley

1600-1605 Wrap-up for the day

Shannon Santana



10,000 REASONS TO RACE FOR INFECTION PREVENTION
FOR MORE INFO: WWW.10KREASONS.CA

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OCT 29-30 | HILTON VANCOUVER AIRPORT HOTEL
DAY 2 | 5911 Minoru Blvd, Richmond, BC V6X 4C7

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0800-0830 WARM UP: BREAKFAST

0830-0900 Teamwork and communication: Tips from a seasoned 'athlete'

Gary Redekop

Neurosurgeon, Vancouver General Hospital

0900-0930 Involving patients and families

Patient Representative Panel

0930-1000 Communication cross-training for best performance: Lap 2

Geoff Schierbeck

1000-1015 BREAK

1015-1100 Team race meeting

10K Teams

1100-1130 Preventing surgical site infections

**Andrew Campbell
Jim Capstick**

Anesthesiologist, Nanaimo Regional General Hospital

1130-1215 FUEL UP: LUNCH AND NETWORKING

1215-1300 Communication cross-training for best performance: Lap 3

Colleen Kennedy

1300-1330 Learning from novice racers

Irena Zivkovic

Candidate for BSc. 2018, UBC

Patricia Caddy

4th year Medical Student, UBC

1330-1400 ...GO!

Team action planning for a successful race

10K Teams

1400-1415 Crowdsourcing ideas to prevent infections

Shari McKeown

*Director, Clinical Improvement
BC Patient Safety & Quality Council*

1415-1430 Closing remarks

**Andrew Campbell
Jim Capstick
Shannon Santana**

FACULTY AND SPEAKER BIOS



DOUG COCHRANE

Doug is the Chair of the BC Patient Safety & Quality Council, and Provincial Patient Safety & Quality Officer for British Columbia. He is also a Professor at the University of British Columbia in Neurosurgery, a certificant of the American Board of Pediatric Neurological Surgery, and a Fellow of American Academy of Pediatrics.

Doug obtained his medical degree from the University of Toronto, graduating in 1975, followed by training in Neurosurgery at the University of Calgary. A pediatric neurosurgery fellowship at the Hospital for Sick Children, University of Toronto, was completed in 1981.

Following his training, Doug was appointed as neurosurgeon at the Calgary General Hospital, Foothills Provincial Hospital, Tom Baker Cancer Center and Alberta Children's Hospital, and served these facilities until 1986. During this time, he held an appointment as Assistant Professor of Neurosciences, University of Calgary.

In 1986, Doug was appointed as a staff neurosurgeon at BC Children's Hospital and Sunny Hill Health Centre for Children. He served as the Head of the Section of Surgery and Surgeon-in-Chief, BC Children's Hospital and Children's and Women's Health Centre of British Columbia 1991-2001, Vice President of Medicine for Children's and Women's Health Centre of British Columbia 2001-2003, and Vice President of Medical Affairs, Quality, Safety & Risk Management for the Provincial Health Services Authority in Vancouver 2003-2008. He Chaired the BC Patient Safety Task Force from its inception in 2003 to the creation of the BC Patient Safety & Quality Council.

Doug has interests in the following areas related to patient safety and quality:

- Patient safety policy and accountability mechanisms, risk assessment, evaluation and mitigation.
- Health care systems development and change focusing on the provider skills through the analysis of quality and safety during surgical care.
- Clinical information system development and implementation.

SHANNON SANTANA

Shannon is a registered nurse in the operating room at Vancouver General Hospital. She obtained her Bachelor of Science in Nursing Degree from the University of Victoria in 2008, and her specialty certificate in Perioperative Nursing (UVic/VIHA collaborative) the same year. She has worked at Vancouver General for the past three years, predominantly in the orthopedic and spine ORs. She previously worked at Victoria General Hospital.

Shannon is particularly interested in "best practice" that is evidence-based, and in enhancing safety in the OR through team collaboration. She looks forward to combining these interests in working on the "10K" project with the BC Patient Safety and Quality Council, and collaborating with motivated surgical team members throughout the province.





ANDREW CAMPBELL

Andrew trained in cardiac surgery at the University of Toronto and completed three years of research at the Terrence Donnelley Vascular Biology Laboratory focusing on gene transfer strategies for the treatment of both pulmonary hypertension and myocardial ischemia. He subsequently completed clinical fellowships in pediatric and adult congenital cardiac surgery at the Hospital for Sick Children in Toronto, Canada and the Children's Hospital of Philadelphia.

Following his training in Philadelphia, Andrew was recruited onto the faculty at CHOP and the University of Pennsylvania. He then worked at both CHOP and the Children's Hospital of New Jersey until moving to Vancouver in September 2004 to take a position at BC Children's Hospital.

Andrew is presently an Assistant Professor at UBC and on staff at both Children's and at St. Paul's where he is the Director for the University of British Columbia Residency and Fellowship Program.

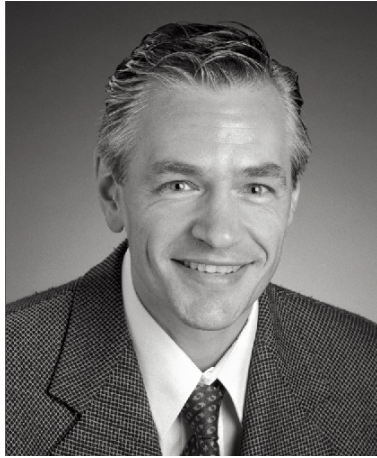
JIM CAPSTICK

Jim is a staff anesthesiologist at Nanaimo Regional General Hospital. He completed his undergraduate medical training and anesthesia residency at the University of Calgary. His clinical interests include electronic health records, patient safety, simulation, and OR team dynamics. In his spare time, he enjoys sailing and mountain biking.



TRINA MONTEMURRO

Trina is a Staff Anesthesiologist at St. Paul's Hospital and a Clinical Assistant Professor at the University of British Columbia's Department of Medicine. She completed her medical degree from the University of Calgary in 1999. She then went on to complete a residency in Family Practice through the University of British Columbia in 2001. She practiced as a family physician for four years before deciding to return to residency and study anesthesiology. She completed her Anesthesia residency at UBC in 2009 and has been working at St. Paul's Hospital (Vancouver, BC) since that time. Her areas of interest include Regional Anesthesia, Patient Safety and Quality Improvement. She completed Quality Academy put on by the BC Patient Safety and Quality Council in 2014 and currently sits on the Canadian Anesthesiologists' Society Patient Safety Committee.



GARY REDEKOP

Dr. Redekop is a neurosurgeon with subspecialty focus on cerebrovascular surgery. He has worked in close collaboration with VGH colleagues in anesthesia, radiology, and neurology, to develop a multidisciplinary service integrating microvascular and endovascular approaches to cerebrovascular disease. He is the Head of the UBC Department of Surgery as well as Head of the VCHA Regional Department of Surgery, and the NSQIP Surgeon Champion at the Vancouver General Hospital.

KOUROUSH AFSHAR

Kouroush is a Pediatric Urologist and NSQIP Surgeon Champion at BC Children's Hospital. He has a Masters Degree in Clinical Epidemiology from UBC. He is the associate Professor Of Urology at UBC and Associate Chief of Surgery at BC children's Hospital.

JULIE BEDFORD

Julie Bedford is a Registered Nurse working as the Leader for Clinical Quality and Data Review at BCCH. Julie helps to lead ACS NSQIP-P in the only Canadian pediatric site, and has been successful in reducing UTI and SSI rates at her site. She completed her Master's degree in Nursing in 2009 and published her thesis work in nurse competency development. She has also published articles around her work in the NSQIP-P in areas of implementation and using NSQIP-P for case review.

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WELCOME TO THE STARTING LINE

NOV 23

INTERIOR HEALTH AUTHORITY

Group Room 2 in Psychiatry Outpatient Department,
Penticton Regional Hospital

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0830 - 0900	Why we're racing to prevent infections	Kimberly McKinley <i>Quality Leader, BC Patient Safety & Quality Council</i>
0900 - 1000	Your Racing Gear	Kimberly McKinley
1000 - 1030	Team Time	Geoff Schierbeck <i>Quality Leader, BC Patient Safety & Quality Council</i>
1030 - 1045	Break	
1045 - 1100	Overcoming Roadblocks	Geoff Schierbeck
1100 - 1200	Coach for Improvement	Geoff Schierbeck
1200 - 1230	Lunch and Networking	
1230 - 1300	The IH Improvement Race Track	Dawn Collins <i>Regional Knowledge Coordinator, Professional Practice Office - Interior Health Authority</i>
1300 - 1345	Measuring your progress	Kimberly McKinley
1345 - 1430	Team Time	Geoff Schierbeck
1430 - 1500	There is no 'I' in team	Geoff Schierbeck & Kimberly McKinley
1500 - 1530	Wrap up	Kimberly McKinley