



# How to Talk about Essential Imaging For Patients

Whether you are connecting with your care provider or other patients, knowing some key talking points can help you start the conversation about Essential Imaging.

## Connecting with Your Care Provider

The partnership between you and your care provider is the foundation to person- and family-centred care. You can use these four questions to ensure your goals are aligned and to prepare you to make an informed decision about your treatment.

1. Do I really need this test, treatment or procedure?
2. What are the downsides?
3. Are there simpler, safer options?
4. What happens if I do nothing?

## Connecting with Patients or Family

Here are some key talking points to help start the conversation.

As a patient, I want to ensure that patients have access to important medical imaging tests when they need them the most.

Did you know? When imaging is ordered and used appropriately:

- Patients undergo the right tests and may experience less harm
- Patients are exposed to less radiation
- Critical imaging tests are available when we most need them
- Coordination of care is improved
- Patients are introduced to alternative care options

### Start the Conversation!

Be a part of the Essential Imaging initiative! Our goal is to reduce inappropriate medical imaging for five common situations.

**Learn more and access free resources at [BCPSQC.ca/imaging](https://bcpsqc.ca/imaging)**

