

Safety & Support Space | CAT Knowledge Exchange

October 27-29, 2020

If you want to leave the session or get additional support at any time, there's a separate Zoom room where you can either relax or access the supports listed below.

Available Supports

<p>The virtual “chill out room” is where you want to stay connected with some people but need to step away from the main session for any reason.</p>	<p>Indigenous Elder Presence & Support We're honoured to have two Elders joining us from the Squamish nation as Knowledge Keepers and supporters.</p>
<p>Peer Support Workers are available to support and assist you during this event.</p>	<p>Virtual Counsellors are available to connect 1:1 throughout the event.</p>
<p>The <u>Brave – Be Safe</u> and <u>Lifeguard</u> phone applications are designed to prevent overdoses.</p>	<p>If you're using, let someone know where you are and that you're safe. If you need a buddy, ask the Support Person to connect you with someone through Zoom or phone.</p>

Accessing the Support Rooms



Support Room | Peer Virtual Facilitation Training | Tuesday, October 27 | <http://bit.ly/SUPPORT1027>

Support Room | Peer Virtual Facilitation Training | Wednesday, October 28 <http://bit.ly/SUPPORT1028>

Support Room | CAT Knowledge Exchange Event | Thursday, October 29 <http://bit.ly/SUPPORT1029>

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