



The Most Valuable Thing I Learned Today Was...

That you can hold a zoom for 130 people

Our lives matter!!!!

There is power in numbers to make change

One mind one heart

To listen more than speak

How to use zoom to reach out to my community and further

That I will be a good nurse

Importance of centering peers (in meaningful ways)

Brilliant network of people

Fentanyl strips pilot project

How this works

That there are some incredibly passionate people in this movement

Authentic and meaningful roles for peers

Keep learning about zoom!

How to take advantage of peer's existing skills

A glimpse into liberating structures

That you can learn a lot in one day

We have a wonderful cat here in the Comox Valley

Collaboration

Connections

How important peer involvement is

Connections to new people from across the province

Zoom

The incredible wisdom of this group of people!

How big the gaps are in this work



Lots of people care

Zoom information for sure!!

The issues we face are shared by many

Different ways to engage with different audience

The passion and dedication this wonderful group has

Using facebook to find support

Everyone is going through the same issues regardless of where they live in the province and it isn't getting better

Participation... not communication

Ideas of improving peer engagement in cat

Communities connecting through troubled times

Meeting so many amazing people that want to better the community

The magnitude of caring people

That my peers think the same as i do

Different perspectives make this great

Getting the school district and the drug user network to our table

That this community is resilient

Listening

Friendship through cats

That there is such a huge network of support

I suck at zoom or my phone does

Where some of the cats are located

Stopping talking, taking action!

I enjoyed the fact that with help i'm not too shy anymore

That there are cats all over the province

Gotten contacts everyone has some issue as s person and as a group

We aren't alone



The importance of establishing meaningful connections with PWLLE

I am grateful for the student participation

This is a movement

Scream till heard

Zooming better-tricks connecting in the breakout sessions

No cops on cat, no cops in any community safety

Don't pt me pay me

The most valuable thing is community and unity!

Thinking about the CAT Knowledge Exchange this Week, I am Excited to...

Better

Beyond expectations

Beyond belief what I expected! Great connections!

Better than expected

Yes!!

It was different but still happy with end

No sorry. This felt like a complete waste of time. Perhaps my expectations were off.

Great cross section of folks

I am more excited

Yes, appreciate hearing and learning from all CATs

Yes been amazing

Better than I expected

Yes!!

This was a great experience and would love to do it again

Exceeded my expectations



Not what I expected

Yes

Yes indeed!!! Want more

Excited to share ideas

It was an unexpected experience, I enjoyed seeing so many others

I had no real expectations

Yes

Didn't know what to expect... Very engaging

Yes, very much needed, share this information with peers

Nope

Loved the personal nature of the connections

Yes! Great job

Absolutely!

Much rather in person

Yes

I love these meetings!

Thank you so much for this opportunity

Better

Didn't know what to expect! Valuable

Huh

Excited to learn more

Network!!!

Better then expected for sure

Amazing work

Yes I'd like to see this happen again, and more opportunity to network next time please

Connect

Much better than expected



Can't figure out who is who need a name tag system

On point

Yes, but I am familiar with zoom so how to use it wasn't as useful for me

Yes great connection

Loved it

Exciting to see my peeps

Networking

Be involved & interested to do it again

One Place I Think I Will Use These Skills and Tools is...

Everyday in my work!

The next time I am on zoom

My next zoom meeting

On job

With Peers!

Life in general!

In my work

Every day

In my community and work

Work

Clinical practice

Community

A meeting next week...that I'm planning now!

In zoom meetings



My life, great tools

Everyday

Add them to our CAT meetings

All my Zoom meetings

At these meetings

For workshops

Everywhere

At our TCCAT zoom meetings

I will bring back these ideas to our CAT

In my work

Everyday where I live in supportive housing

Next CAT meeting

Work and life

In our CAT meetings especially having peer chairs

In every day life

At our next CAT meeting trying the Wise Group as well as this technique

In my personal life

In my professional life

Anywhere we communicate.

Everywhere, family, friends, AA, NA....

Everyday life

At work and in personal life

All day everyday

Making meetings more open

When connecting with unfamiliar sources organisations

In program planning

Other groups



With meeting new people

Would like to see smaller groups in future so that everyone has a chance to be heard