

# COMMUNITY ACTION TEAMS VIRTUAL KNOWLEDGE EXCHANGE SESSION

Wednesday, March 17 | 1300-1500 PST | Zoom

Join us for our upcoming virtual knowledge exchange session which aims to showcase work and build relationships among CATs in BC. This two-hour session will include opportunities for small group discussions, as well as presentations from CATs in different regions. Come prepared to meet new people and learn what others are doing in their communities across the province!

# **SAFETY**

- Every effort is being made to ensure this is a safe and accessible event. Take care of yourself, take care of each other.
- Before the event, check out our virtual safety plan for self-care strategies and considerations.
- During the event, virtual and phone support will be available. Peer support, counselling and Elders will be present if anyone needs to connect with someone during the session.

### **TECHNOLOGY**

- We will be using Zoom! Need more info? Here's our <u>User Guide</u>!
- Sign on with a computer, tablet or phone.
- Multiple people can share a device if needed (and if adhering to public health guidance).
- Enable both camera and audio to be able to connect with others.

# REGISTRATION

Spread the word! This session is intended for all CAT members across BC. You will receive an email from Zoom after registering your email address with a link to the session.

CLICK HERE TO REGISTER

Or go to bit.ly/CATMar17

## QUESTIONS?

Email <u>substanceuse@bcpsqc.ca</u>
Check out past events and resources at bcpsqc.ca/resource/cat

