



Quick reference guide for COVID-19 prevention in long-term care and assisted living

Ensure your site is SHIP SHAPE (in good condition) by following these steps.

- S** - **Screening (Active)** of staff/residents is conducted as per guidelines
- H** - **Hand hygiene** as per best practice
- I** - **Isolation/droplet precautions** for all symptomatic residents/tenants and new admissions
- P** - **Personal Protective Equipment (PPE)** worn appropriately and is donned/doffed as per best practice

- S** - **Sharing of equipment** is avoided
- H** - **Huddles** are held with staff on each shift
- A** - **Alcohol-based hand rub** is available
- P** - **Physical distancing** is practiced in both care and non-care areas
- E** - **Environment** is free of clutter and cleaning is enhanced