

WHAT MATTERS TO YOU?

Ask What Matters. Listen to What Matters. Do What Matters.

We're interested in collecting "What Matters to You?" stories to share with others.

If you've asked or been asked this specific question, we want to hear from you! [Please share with us.](#)

What is "What Matters to You?"

"What Matters to You?" advances the philosophy of person- and family-centred care by encouraging meaningful conversations between patients, caregivers, families and their health care providers. When a provider starts a conversation about what really matters, they're taking an important step in ensuring that their daily practice goes beyond routine and is truly meeting the needs of their patients. These conversations can lead to higher-quality care, actions that align with patient priorities and increased provider satisfaction.¹

Health care providers, we invite you to embed this question into your daily practice.

Patients, families and caregivers, we invite you to reflect on what matters most to you and share it with your health care provider during your visit.

We Want to Hear from You!

We love sharing stories about conversations which were started by asking, "What matters to you?" because stories are powerful and local context matters. If you're a patient, family member or caregiver, how did you feel when you were asked this specific question? Or if you're a health care provider, how did you change your approach after you learned what was important to a patient, family member or caregiver? We'd love to share your story through our social media channels, in a newsletter or as a blog post to inspire others.

Story Submission:

Submit your story through this [Share Your Story](#) form. Depending on your role, there'll be a few questions to guide you through sharing your story in a clear and impactful way!

Need some inspiration to help tell your story? Check out [Katie's hope for person- and family-centred care](#) or [how the question is being asked in kidney care](#). Contact us at whatmatterstoyou@bcpsqc.ca if you have any further questions!

To learn more about "What Matters to You?" and the resources available, visit us at WhatMattersToYouBC.ca.

¹ Michael J. Barry, MD., and Susan Edgman-Levitan, P.A. Shared Decision Making — The Pinnacle of Patient-Centered Care. N Engl J Med. 2012; 366(9): 780-781



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